



The Y in Central Maryland CARROLL HOSPITAL CENTER EMPLOYEE MEMBERSHIP

- **Pay No Joining Fee – A savings of \$49!**
- One membership gives you access to all 13 conveniently located Central Maryland Y's
- No long-term contract required
- Free group classes like yoga, Pilates, Zumba, cycling and Body Pump
- State-of-the-art fitness equipment
- Expert personal trainers to craft an exercise routine tailored specifically for you
- FitQuest, the Y's free personal coaching program that greatly increases your ability to reach your fitness goals
- Free Stay-n-Play supervised activity room for your children while you exercise (family membership)
- Special member rates on camps, preschool, Before & After School Enrichment programs, and a huge array of sports, swim lessons, martial arts and more for children of all ages and abilities

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YMARYLAND.ORG



Y of Central Maryland • It's deeper here®



Monthly Fees:

Individual membership – \$43

Family membership – \$72

Two Person membership – \$64

Must show proof of employment

CATONSVILLE FAMILY CENTER Y
850 S. Rolling Rd., Catonsville, MD 21228
410-747-9622

GREATER ANNAPOLIS FAMILY CENTER Y
1209 Ritchie Hwy., Arnold, MD 21012
410-544-2525

PARKVILLE FAMILY CENTER Y
8910 Waltham Woods Rd., Parkville, MD 21234
410-663-1300

WEINBERG FAMILY CENTER Y
900 E. 33rd St., Baltimore, MD 21218
410-889-9622

DANCEL FAMILY CENTER Y
4331 Montgomery Rd., Ellicott City, MD 21043
410-465-4334

HILL FAMILY CENTER Y
1719 Sykesville Rd., Westminster, MD 21157
410-848-3660

PERRY HALL FAMILY CENTER Y
4375 Ebenezer Rd., Perry Hall, MD 21236
410-529-1999

Y SWIM CENTER IN DUNDALK
120 Trading Pl., Dundalk, MD 21222
410-285-7616

THE Y IN PASADENA
26 Magothy Beach Road, Pasadena, MD 21122
410-437-4242

DRUID HILL FAMILY CENTER Y
1609 Druid Hill Ave., Baltimore, MD 21217
410-728-1600

THE OROKAWA FAMILY CENTER Y
600 W. Chesapeake Ave., Towson, MD 21204
410-823-8870

WARD FAMILY CENTER Y
101 Walter Ward Blvd., Abingdon, MD 21009
410-679-9622

Y SWIM CENTER IN RANDALLSTOWN
3505 Resource Dr., Randallstown, MD 21133
410-496-4272

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